

Minutes - LMJS Board Meeting

September 9, 2008

Attendees: Karen Andrews, Paul Banchemo, Ken Burgess, Marie Gee, Celina Hennessey, Len Goldman, Paula Kindinger-Wilcox, John Momper, Juliann Sum, Jack Zakarian

- Welcome to the new board members – John Momper, Ken Burgess and Paula Kindinger-Wilcox
- Approval of last month's minutes
 - Approved
- Treasurer's Report - Jack
 - The club has a healthy bank balance.
- Membership - Marie
 - Current count of member units is 237; 17 members are renewed through 2009
 - Marie revised the membership form for the 2009 calendar year and the board reviewed it
- Training and Weekend Runs– Karen/All
 - Beginning running program starts on September 27th. There are eight paid runners and four others stating their interest. Karen will be coaching this new crop of beginning runners. The group will train for five weeks with an option at the end of the program to race in the October, 4th Sunday Run, if they are interested.
 - Saturday Fun Runs have started up again. Fleet Feet has not been available to confirm whether or not they are hosting us this Saturday, 9/13.
 - The Summer potluck was well attended with about 50 people. The potluck was held at John Windle's house. There were about 12 people that did a short run before the potluck.
 - There were 36 LMJS members that ran in the SF Marathon and Half Marathon in August. There was a technical problem with the timing of the second Half's finishing time. They also had another mix up in the team scoring, however after corrections were made the LMJS team appears to have placed 3rd.
 - Karen passed out the upcoming Saturday Fun Runs venues
- Publicity/Social Activities – Ken & Len
 - The Fall potluck is in November. Barry Hotchkies has volunteered his house. Len went over there to see if had enough room and it seems fine. Some people may have to bring extra folding chairs. The possible dates for the potluck are Nov. 8th and 15th, Saturdays. Len and Ken are trying to find a possible speaker for the event. Jack will ask his muscle activation therapist.
 - Ken is working on the flyer which needs to be ready by October 1st.
 - Run at Work is on Sept 19th at noon. Paula is leading the pack at this event around the Lake Merritt.
- Race Director – John Momper
 - Training for race directors is usually given every six months to new and returning volunteers. The next training is being planned for the same day as the potluck. This would precede the potluck event.
 - TIOYS summary – For the most part the race went very well except for the 5k results which was distorted due to a mishap with the tags, ticksheets and the

- printed times. There was one additional 5K tag that was not recorded on the ticksheet nor was there a timestamp on the printing stop watch printout. The skewed the 5K results thus the winners announced at the race were incorrect. The results were reconciled/recalculated later, which then determined new winners than those announced at the race. An extra gift certificate was purchased for the 1st place winner. Transports donated extra certificates to the race this year.
- Race Committee – Marie
 - There has been no progress or updates to report. The group had trouble getting together due to conflicting and overloaded personal schedules. The committee intends to meet and make progress next month.
 - 2009 SF marathon falls on the same day as the LMJS July 4th Sunday Race. We should discuss this conflict as to the impact to our 4th Sunday Run.
 - Newsletter – Len for Celina
 - Next newsletter will go out the first week of December. Celina will be able to work on the copy during the week of November 24th. The newsletter will include the membership renewal form and the Couples Relay Race form.
 - Website – Paul
 - No changes have been made to website
 - Jeff has been busy and is not able to work on our changes for a month or two
 - Paul needs to look into the website programming now that he has more time
 - Apparel
 - Paula is waiting for Corey’s inventory counts. She is getting familiar with how to order and which vendors to work with. She is still transitioning into the role and needs to get together with Corey for some training and turnover
 - Other Discussion Items:
 - October 5th is the race put on by the East Bay Frontrunners. Len won’t be there but the group has done borrowed our equipment for a couple of years now and should be good to use it
 - RRCA convention plans are progressing. The convention is on March 27th & 28th, 2009
 - Len attended a meeting last Saturday to review and select the seminars
 - Tilden Tough Ten planning
 - Almost all the captains have been recruited for the different stations
 - We still don’t have a race director. Christine Chapon was interested but had to back out
 - Lake Merritt Master plan
 - John Momper reviewed the City of Oakland’s master plan for the Boat House construction. He is checking on whether there will be any impact to our races with the various construction subprojects going on
 - Advertising the LMJS race schedules for next year in The Schedule. This year we will just publish three races instead of all the 4th Sunday Races. We will continue to publish the Couples Relay, Tilden Tough Ten and the Time Is On Your Side. This would reduce our cost for advertising.
 - City of Oakland charges a use fee per month for the park use. We will propose an increased fee schedule (\$100) to the city as well as a possible donation to some project related to the Lake Merritt area.

- The board agreed to give the outgoing board members (Jim Buck and Corey Flynn) a \$50 gift certificate.
- Next meeting will be held at Z Café in Oakland at 7:00 pm on October 7th Jack will make the reservations at the restaurant.