

# Tilden Tough Ten Course Records

## Overall Course Records

Kalid Abdalah 54:41 (2003)

Magda Lewy 1:04:37 (2002)

| <u>Bracket</u> | <u>Name</u>      | <u>Year</u> | <u>Time</u> |
|----------------|------------------|-------------|-------------|
| 0-19           | Ivan Medina      | 2006        | 1:01:17     |
| 20-29          | Kalid Abdalah    | 2003        | 54:41       |
| 30-39          | Jeff Teeters     | 1994        | 56:57       |
| 40-49          | Steven Slawson   | 1993        | 58:03       |
| 50-59          | Roy Rivers       | 2008        | 1:02:39     |
| 60-69          | Fred Martin      | 2004        | 1:10:04     |
| 70-79          | Gary Toji        | 1994        | 1:23:20     |
| 80+            | Tertius Chandler | 1998        | 2:52:36     |
| 0-19           | Anne Schultz     | 2002        | 1:20:13     |
| 20-29          | Magda Lewy       | 2002        | 1:04:37     |
| 30-39          | Shannon Rahlves  | 2006        | 1:07:34     |
| 40-49          | Kristi Rossi     | 2010        | 1:08:06     |
| 50-59          | Jamie Berns      | 2008        | 1:05:20     |
| 60-69          | Ruth Anderson    | 1991        | 1:25:53     |
| 70-79          | Hanna Szoke      | 2003        | 2:02:39     |

## Tilden Tough Ten Overall Winners

| <u>Year</u>          | <u>Winner</u>   | <u>Age</u> | <u>Time</u> |
|----------------------|-----------------|------------|-------------|
| 1988                 | Helmer Aslabsen | 28         | 58:03       |
|                      | Char Levitt     | 29         | 1:09:10     |
| 1989                 | Dwight Hendrix  | 35         | 59:23       |
|                      | Trisha Arbogast | 29         | 1:06:35     |
| 1990**               | Peter Lagoy     | 30         | 44:44       |
|                      | Patricia Story  | 41         | 52:40       |
| <i>**Eight Miles</i> |                 |            |             |
| 1991                 | Peter Lagoy     | 31         | 57:32       |
|                      | Marcia White    | 27         | 1:05:10     |
| 1992                 | Andrew Boudreau | 21         | 56:40       |
|                      | Char Levitt     | 33         | 1:11:03     |
| 1993                 | Pete Ramos      | 30         | 57:56       |
|                      | Amy Cathcart    | 26         | 1:09:22     |
| 1994                 | Jeff Teeters    | 34         | 56:57       |
|                      | Trisha Kluge    | 34         | 1:09:16     |

## Tilden Tough Ten Overall Winners

| <u>Year</u> | <u>Winner</u>     | <u>Age</u> | <u>Time</u> |
|-------------|-------------------|------------|-------------|
| 1995        | Jeff Teeters      | 35         | 57:33       |
|             | Elizabeth Edwards | 40         | 1:08:48     |
| 1996        | Richard Flores    | 40         | 58:15       |
|             | Beth Vitalis      | 31         | 1:09:34     |
| 1997        | Richard Flores    | 42         | 59:05       |
|             | Judy Fulton       | 43         | 1:15:56     |
| 1998        | Tom Garvey        | 34         | 1:03:29     |
|             | Janice Prudhomme  | 38         | 1:11:04     |
| 1999        | Jeff Teeters      | 39         | 1:00:07     |
|             | Susy Jones        | 41         | 1:11:24     |
| 2000        | Gary Blanco       | 32         | 59:16       |
|             | Janice Prudhomme  | 40         | 1:13:41     |
| 2001        | Ken Oldham        | 23         | 57:55       |
|             | Alexandra Classen | 24         | 1:07:40     |

## Tilden Tough Ten Overall Winners

| <u>Year</u> | <u>Winner</u>      | <u>Age</u> | <u>Time</u> |
|-------------|--------------------|------------|-------------|
| 2002        | Ken Oldham         | 24         | 56:42       |
|             | Magda Lewy         | 28         | 1:04:37     |
| 2003        | Kalid Abdalah      | 23         | 54:41       |
|             | Elise Capella      | 31         | 1:08:54     |
| 2004        | Gary Blanco        | 36         | 57:57       |
|             | Katie Litzenberger | 27         | 1:08:57     |
| 2005        | David Monk         | 31         | 58:20       |
|             | Jennifer Wong      | 29         | 1:07:05     |
| 2006        | Ivan Medina        | 19         | 1:01:17     |
|             | Shannon Rahlves    | 30         | 1:07:34     |
| 2007        | Jim Sweeney        | 33         | 1:02:50     |
|             | Christine Brighton | 40         | 1:09:34     |
| 2008        | Cliff Lentz        | 43         | 1:00:04     |
|             | Rebecca Yau        | 21         | 1:06:38     |

## Tilden Tough Ten Overall Winners

| <u>Year</u> | <u>Winner</u> | <u>Age</u> | <u>Time</u> |
|-------------|---------------|------------|-------------|
| 2009        | Ivan Medina   | 22         | 59:29       |
|             | Jennifer Wong | 33         | 1:02:22     |
| 2010        | Ivan Medina   | 25         | 59:05       |
|             | Caitlin Smith | 29         | 1:05:45     |